

# Integration Norden



# Integration Norden – a knowledge bank

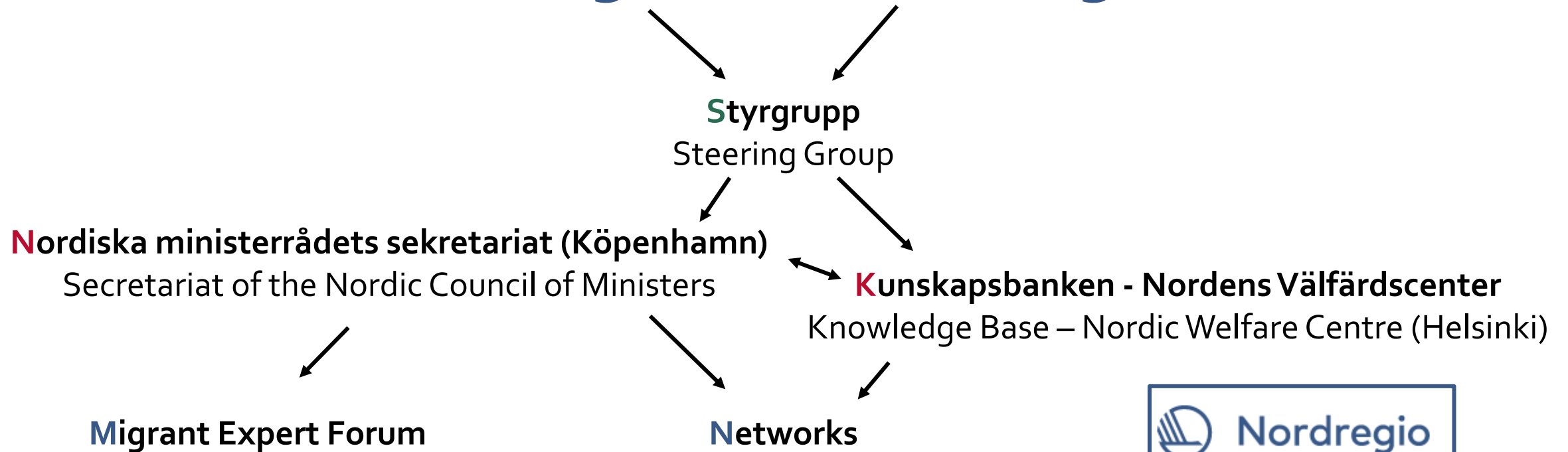
- To support stakeholders in developing integration initiatives and policies that work
  - a resource for Nordic **knowledge**
  - a node for Nordic **cooperation** and knowledge exchange
- Target group: national authorities, experts at regional and local levels and NGOs, researchers



**Nordiska samarbetsministrarna (MR-SAM)**  
Nordic Ministers for Cooperation

**Nordiska samarbetskommittén (NSK)**  
Nordic Committee for Cooperation

# Nordic Programme on Integration



# How we work

## KNOWLEDGE

- Own publications: research-based knowledge
- Other relevant Nordic research
- Statistics
- Examples of promising practice
- News
- Website: [integrationnorden.org](http://integrationnorden.org)

## NETWORKS

- Nordic networks of experts
- New contacts and cooperation
- Meeting places: conferences, seminars, meetings



**Reaching out to  
target groups**



## Promoting digital inclusion of immigrant women in the Nordic countries



FROM ARRIVAL TO PARTICIPATION:

## Measuring migrants' social and civic integration – a Nordic review



## Employers' perspectives on hiring immigrants

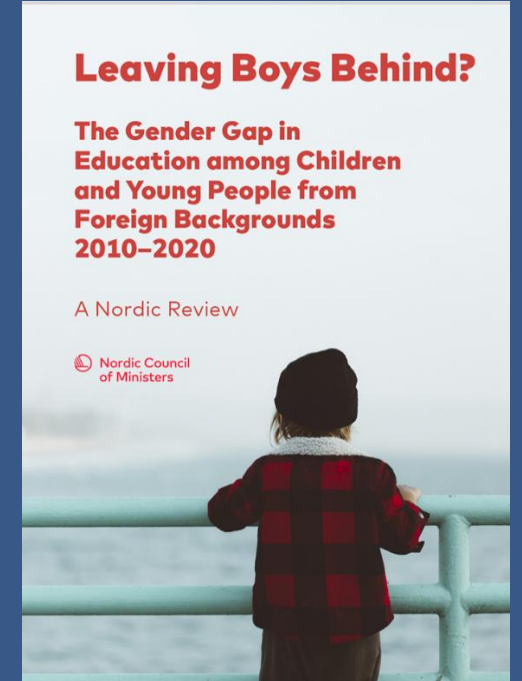
Experiences from  
the Nordic countries



## Leaving Boys Behind?

**The Gender Gap in  
Education among Children  
and Young People from  
Foreign Backgrounds  
2010–2020**

A Nordic Review



29 OCT 2025

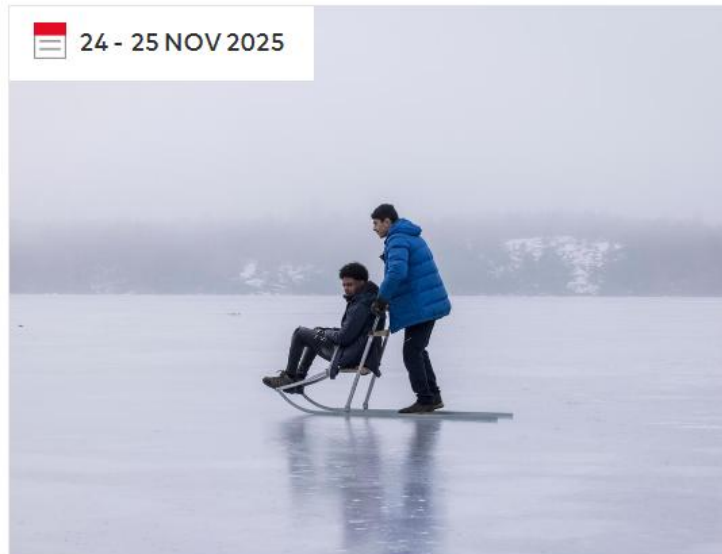


INTEGRATION

## **The role of language for inclusion - How can we strengthen language development in the Nordic languages among students from foreign backgrounds?**

How can we strengthen language development in the Nordic languages among students from foreign backgrounds?  
Welcome to our webinar about the [...]

24 - 25 NOV 2025



INTEGRATION

## **How is the second generation doing? Promoting integration of migrants and their families in the Nordic countries**

It is our great pleasure to invite you to the Annual Nordic Conference on Integration, which will be held on Monday–Tuesday, 24–25 Novem [...]





Choose language  
English

NEWS PUBLICATIONS EVENTS STATISTICS PROJECTS PROMISING PRACTICE ABOUT US Q

# Welcome to Integration Norden

Exchanging knowledge and experiences on integration in the Nordic countries

SUBSCRIBE TO OUR NEWSLETTER

## Latest news

SORT AREA:

ALL SUBJECTS CORONA EDUCATION HONOUR BASED VIOLENCE HOUSING IMMIGRATION & DEVELOPMENT INTEGRATION SOCIAL WORK UKRAINE

WORK



Integration Norden

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New study from [University of Helsinki](#): Boys of immigrant origin more likely to show symptoms of depression and anxiety

A new doctoral thesis by Postdoctoral Researcher [Rekar Abdulhamed](#) at the [University of Helsinki](#) highlights key findings:

- ! Higher risk among boys: Children and teens from first-generation immigrant families are more likely to experience depression and anxiety.
- ! Double-loneliness: Many young people feel they have no one to talk to, neither parents nor teachers.
- ! Role of schools and teachers: Supportive teachers who treat students fairly, care about their wellbeing, and encourage them to share opinions are crucial protective factors.
- ! Sense of belonging matters: Feeling connected to school, friends, hobbies, or Finnish society helps protect against the negative effects of discrimination.
- ! Support for families and teachers: Cultural competence training for teachers and guidance for parents are essential to help young people thrive.

Read more: <https://lnkd.in/dYneAbCn>

Related report from [Nordic Council of Ministers](#) and [Nordic Welfare Centre / Nordens välfärdscenter](#): <https://lnkd.in/dMMB-i6f>



New study from  
[University of Helsinki](#):

### Boys of immigrant origin more likely to show symptoms of depression and anxiety

Highlights:

- Boys are at higher risk
- Many young immigrants feel lonely
- The feeling of belonging is important
- Families and teachers need support

Pia Nevala Westman and 53 others

2 comments · 4 reposts



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**Den nordiska expertgruppen för arbetsmarknadsintegration av flyktingar och migranter**

# Nordic Migrant Expert Forum 2025-2027



More about the members and their recommendations here: [Nordic Migrant Expert Forum: Recommended policies](#)

# Digital turn and integration



# Nordic cooperation on integration: goals 2025- 2027

- Education: Nordic co-operation shall promote the participation and potential of refugees and immigrants through **education, upskilling and digital solutions.**
- Gender equality: Nordic co-operation on the integration of refugees and immigrants must promote **women's social inclusion and participation in the labour market**
- Nordic co-operation shall promote the **active participation of refugees and immigrants in society**, social mobility and socio-economic integration/gender equality



# Promoting digital inclusion of immigrant women

- Policy landscape, barriers for digital inclusion, and practices for promoting digital engagement in the Nordics
- Builds on Nordregio research project [Digital Inclusion in Action](#), which aims to develop an understanding of digital inclusion in the Nordic and Baltic region.
- [Find report here](#)

Promoting digital inclusion of immigrant women in the Nordic countries



# Mapping and assessment of digital tools, solutions and strategies

in the work on integrating refugees and immigrants in the **Nordic capital cities**



# DigiUp Toolbox

## Empowering Migrant Women into Workforce

Target group 1: **Educators** in Nordics and Baltics who work on improving the digital skills of migrant women at the local level.

Target group 2: **Migrant women** who need to strengthen their digital skills.



[www.integrationnorden.org](http://www.integrationnorden.org)



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